

WEEKLY ACTIVITY SCHEDULE

ACTIVITIES	DAY	TIME	DONATION
Art (Oil, Acrylic, Water Color)	TUESDAY	10:15 AM TO 3 PM	-----
BAND (Practice)	THURSDAYS	9:30 AM TO 12 NOON	-----
BILLARDS (located on 2nd Floor)	MONDAY - FRIDAY	8 AM UNTIL 3 PM	\$1 a week (optional)
CARDS (Pinochle)	THURSDAYS	10:30 AM TO 3 PM	-----
CARDS (Bridge)	THURSDAYS	11:30 AM TO 3 PM	-----
CARDS (Mah Jong)	WEDNESDAYS	12 NOON TO 3 PM	-----
CANASTA	THURSDAYS	12 NOON TO 3 PM	-----
CHORUS PRACTICE	TUESDAYS	9 AM TO 10 AM	-----
CRAFTS/KNITTING	WEDNESDAYS	9:30 AM TO 11:30 AM	-----
(New) DRAMA CLUB	FRIDAYS	9:30 AM TO 11 AM	-----
EXERCISE (Walk Aerobics)	MONDAY - FRIDAY	8 AM TO 8:20 AM	-----
EXERCISE w/Joan Martin	WEDNESDAYS	9:15 AM TO 10:15 AM	\$5 per person, per week
FITNESS ROOM (2nd Floor)	MONDAY - FRIDAY	8 AM TO 3 PM	DONATIONS ACCEPTED
CHSC GOSPEL CHOIR REHEARSAL	WEDNESDAYS	10 AM	-----
LINE DANCING (Practice)	MONDAY - FRIDAY	8:25 AM TO 9 AM	-----
LINE DANCING (ADVANCE)	MONDAYS	9 AM TO 10 AM	-----
COUPLE LINE DANCING	MONDAY & FRIDAY	10:05 TO 11 AM	-----
(OPEN SLOT FOR NOW)			
LINE DANCING (Beginners)	FRIDAYS	9 AM TO 10 AM	-----
MUSIC LESSONS	FRIDAYS	9:30 AM TO 2:30 PM	\$17.50 (1/2 HR LESSONS)
PENNY BINGO (Except the 2nd Weds.)	WEDNESDAYS	11:45 AM TO 3 PM	-----
PING PONG	WEDNESDAYS OR THURSDAYS	8 AM TO 3 PM	-----
QUILTING	TUESDAYS	8:30 AM TO 11 AM	-----
SINGLES CLUB MEETING	1st WED. (No mtg. in July & Aug.)	11 AM	-----
YOGA	MONDAYS & THURSDAYS	MON. 1 PM Cost \$5. & THURS. 10 AM Cost \$2	
TAP (Advance & Intermediate)	TUES., & THURS.	9:05 AM TO 10:05 AM	-----
TOPS (Taking Pounds Off Sensibly)	FRIDAYS	8:30 AM (weigh-In) 9 AM (Mtg.)	\$1.25 per week
WII BOWLING LEAGUE	MON., TUES. & WEDS.	8 AM TO 1 PM	-----
WOODCARVING	TUES., & THURS.	8 AM TO 11:00 AM	-----

Art Class Instructor ~ Hugh Thornton
 Bridge Group ~ Contact Luanne Grady at 945-0111
Line Dancing Instructor ~ Bette Dively
 Beginner Mah Jong Instructor ~ Gail Mavromatis
Yoga Instructors ~ Sharon Janis & Jan Brunory
 Tap Dancing Instructor ~ Patricia Brown

- **Penny Bingo:** Cost: A penny per card. You may bring your own Lunch. Or, purchase it at the Center.
- **Woodcarving:** There is no instructor, but current members offer assistance to new members to help them get started.
- **YMCA SCHEDULE FOR SENIOR SWIM TIME ~**
 Wednesdays ~ 12 Noon until 1:30 p.m.
 Fridays ~ 1 p.m. to 1:30 p.m. Cost is only \$2.
YOU MUST SHOW YOUR CHSC MEMBERSHIP CARD!